



Spring & Summer Programs

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Important Information

Our Mission

It is the mission of the Essex Parks and Recreation Department to create recreational opportunities for growth and enhancement by developing diverse services and programs that promote citizen involvement and a strong sense of community while striving to increase the social, cultural, and physical well-being of its residents and visitors.

Please complete one program registration form (located on page 11) per student per course for all programs unless otherwise indicated in the program description. (Some Specialty Camps require different forms for registration) Be sure you include the program name and session you wish to attend (when applicable) on the form.

The registration deadline for all the Programs

Starting in April and May is April 23,

Summer Camps & Clinics registration deadline is

2 wks. prior to the start of each camp

******Do not combine payments****.**

All Programs are on a first come first serve basis. The Essex Park and Recreation Department doesn't not confirm mail-in registrations. If you do not hear from us assume that you are registered.

Please make checks payable to:

Essex Park and Recreation

29 West Ave.

Essex, CT 06442

www.essexct.gov

Fees/Refund Policy

Payment is due at the time of registration. Refunds will be given if a program is cancelled due to insufficient enrollment. In the case of illness a full refund will be given with a doctor's note. If an individual cancels a week or more before a program begins, a program credit is given. If an individual cancels less than 1 week prior to the program a 50% program credit will be issued. If an individual cancels once the program has begun no credits will be Issued.

Facilities

All Programs will be held at Essex Elementary School unless otherwise indicated.



Park and Recreation Department Staff

Brian Wilson-Director of Park and Recreation

bwilson@essexct.gov

(860) 767-4340 x148

Mary Ellen Barnes-Program Coordinator

mbarnes@essexct.gov

(860) 767-4340 x110

Register Early

Most programs have a minimum number of participants in order to be conducted. Please register early if a program interests you. Do not wait until the last minute or else it may be cancelled due to insufficient enrollment. Some programs fill quickly as well.

Youth Programs

Out of the Box Art

Think outside of the box and explore a world of creativity! Children will create a variety of different projects using all kinds of materials. Come use your imagination to make wonderful treasures!

Who: Boys & Girls K-3rd grade

Meets: Mondays

Dates: May 4, 11, 18 June 1, 8

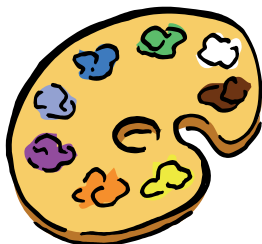
Time: 3:00-4:00

Cost: \$55.00

Location: EES Room TBA

Limit: Max 12

Instructor: Jennifer Crown



Karate Kids

Meet friends and build self esteem while learning the meaning of respect, self discipline, concentration and self control. Student will learn the basics of Kempo Karate.

Who: Boys and Girls 1st-6th grade

Meets: Mondays at EES

Dates: May 4, 11, 18 June 1, 8

Time: 3:00-4:00

Cost: \$55.00

Location: ½ EES Gym

Limit: Max 20

Instructor: Kim Kleinman,



Kids' Scrapbooking Class

Are you looking for something fun to do? Why not create a memorable paper scrapbook. We'll do a different theme each week. ***What to bring:** 3 photos related to each classes theme.

·May 7: Salute to My Mom

·May 14: Family Vacation

·May 21: All About Sports/Favorite Hobby

May 28: All About School

June 4: A Day at the Beach

Who: Boys & Girls 1st-5th grade

Meets: Thursdays

Dates: May 7, 14, 21, 28 & June 4

Time: 3:00-4:00

Cost: \$50.00

Location: EES Room TBA

Limit: Max 12

Instructor: Jennifer Crown



Flag Football Clinic

Falcon Flag Football Camp is an exciting time to learn fundamental skills necessary to excel at the game of football. Falcons provide age appropriate equipment and instruction designed to improve speed and the overall experience. Have FUN! Make new friends! Learn new skills & drills! Compete in Punt, Pass and Kicking Competitions!

Who: Boys & Girls 1st-6th grade

Meets: Mondays

Dates: May 4, 11, 18, June 1, 8, 15

Time: 3p-4p

Cost: \$70

Location: EES Field

Limit: Max 20

Instructor: Falcon Sports Staff



Golf Clinic

Learn to play like the pros. Learn to putt, hit a chip shot and drive the ball long distances. Most importantly, participants will be taught how to play the game the right way while having a great time!

Who: Boy & Girls 1st-6th grade

Meets: Wednesdays

Dates: May 6, 13, 20, 27, June 3, 10

Times: 3p-4p

Cost: \$70

Location: EES Field

Limit: Max 20

Instructor: Falcon Sports Staff



Ultimate Frisbee Clinic

This clinic is a fun place to learn the game, focusing on development of both offensive and defensive skill! Learn how to pass, intercept and score in the fun sport that combines the non-stop movement and athletic endurance of soccer with the aerial passing skills of football.

Who: Boy & Girls 1st-6th grade

Meets: Tuesdays

Dates: May 5, 12, 19, 26, June 2, 9

Times: 3p-4p

Location: EES Field

Limit: Max 20

Cost: \$70

Instructor: Falcon Sports Staff



Special Instructions:

In the event of

inclement weather, please call Falcon's weather hotline at 1-877-881-7217 for up to the hour information. If clinics are rained out, it will be made up one week after the last class. Applies only to the Falcon Sports clinics.

Youth Programs

Kids Focus on Fitness

Kids - get off those couches and into the gym. This exciting class is designed to bring fun and fitness together under one roof. The class is new every week! The workout is made up of partner and team relays, obstacle courses, fitness games and circuits. Kids will get a cardio workout, increase strength and endurance, and learn a sense of "team" through partner and group work. Nutrition and other healthy topics will also be discussed. Keep your kids moving this winter! Please wear sneakers and bring a water bottle.

Who: Boys and Girls grades 1 - 4

Meets: Tuesdays

Dates: 5,12,19,26 June 2

Time: 3:00 - 4:00 pm

Cost: \$55

Limit: Min. 6 Max. 14

Location: EES Gym

Instructor: Lori Marriott,
Shoreline Focus On Fitness



Kick Ball:

Besides instilling a love for the great game of kickball, this program will give children an opportunity to do something they don't do enough: Play a kid's game! Beyond building friendships, the program will have at its core the following 3 principles: Sportsmanship, Physical Fitness, and Fun.

Volunteers are needed to assist the Volunteer Coordinator:

Who: Boys and Girls grades 2-4

Meets: Thursday

Dates: May 7, 14, 21, 28 June 4

Time: 3:00 - 4:00 pm

Cost: \$40

Limit: Max 24

Location: EES Baseball Field

Instructor: Ray Frosti

Special Instructions: In the event of inclement weather, please call Park & Recreation at 767-4340 x110 or 148. Cancellation will be determined by 1:30pm. If clinics are rained out, it will be made up one week after the last class. It will be the parents responsibility to notify the school of children's' dismissal plan in case activity is cancelled.

Registrations are still being excepted for Running Rams Spring Program!

Running Rams Track and Field Spring Clinic

Essex Park and Recreation is please to offer Tri-Town 1st-6th graders a track and field program with local resident and coach, Peter Capezzone. The emphasis will be having **Fun!**

Who: Boys and Girls grades 1 - 6

Meets: Mondays & Wednesdays

Dates: April 27-June 3 (No clinic on May 25th)

Time: 6p-7:15 pm

Cost: \$65

Limit: Max 25

Location: Valley Regional High Track

Instructor: Coach Pete Capezzone

YMCA Swimming Lessons

Essex Park and Rec. and The Valley-Shore YMCA are pleased to offer swim lessons for children age 3 and up at Viney Hill Brook Park this summer. YMCA Swim Lessons encourage children to be active and healthy and safe. The program helps build strong kids. All students will receive a certificate of completion at the end of each session. For answers to any questions about the swimming programs please call the YMCA at 399-9622.

Who: Boys & Girls ages 3 & up

Session 1: July 6– July 17 Monday– Friday.

Session 2: July20– July 31 Monday-Friday.

Time:9:30-10:10-Preschool age 3-5

Time: 10:15-11:00 youth age 6 & up

Location: Viney Hill Park Beach

Cost: \$85.00.



Recreational Scholarships are available for families in need. They enable those who are eligible to join certain programs we sponsor at a reduced rate or free of charge.

For information to see if you qualify, contact Mary Ellen Barnes, 767-4340 x110. All inquiries are strictly confidential.

Youth Summer Programs & Specialty Camps

Summer Day Camp

This year Summer Camp will be open to ages 6-12

(Only campers entering 1st to 7th grade in the fall are eligible to attend). The camp will be held once again at Essex Elementary School and is planned to run for 8 sessions: June 29th-Aug. 21st. Early Care will be available from 8am-9am. In addition, we are offering Extended Care from 3pm-4pm.

Mail in registrations will be accepted starting May 1st.

Space is limited so please register early.

Cost: \$110.00 per session.

Early Care:\$15.00 per session--Extended Care:\$15.00 per session

(Field trips & t-shirt are included in the session fees)

Registration forms and the weekly calendars are available online at www.essexct.gov



Sports Squirts

This is a great way to introduce children ages 3 to 5 to a variety of sports such as Soccer, T-Ball, Lacrosse, Hockey, Basketball and Tennis. Sessions take place in a safe, structured environment and sports are played through a series of games and activities designed to ensure learning and most importantly fun, fun, fun.

Who: Boys & Girls ages 3-5

Dates: August 17-21

Time: 4:30p-6p

Location: Essex Elementary School.

Cost: \$89.00

Registration forms are available on line at www.essexct.gov

MLS (Major League Soccer) CAMP

MLS Camps' 2009 summer program will be the highlight of many players' summer! Our soccer curriculum promises to challenge and entertain every one of our participants! Please remember to bring a water bottle and shin guards. The program will offer the 2009 camp t-shirt and you can order your very own ball at The MLS Camps Store at www.mlscamps.com.

Who: Boys & Girls ages 9-12

Dates: July 27-July 29

Time: 5p-8p

Location: EES Field.

Cost: \$85.00

Players must register on line at

www.mlscamps.com



Fashion Camp

Join us for one or two weeks of Fashion Camp.

August 3-7 and August 10-14 9am-3pm.

Ages 11-16

John Winthrop Middle School.

Experienced fashion designers Kathleen Gephart and Nancy Kozlik will take you thru a week of creative fashion design and construction. We will talk about the latest trends in design. We will take these ideas and put together design boards pictures from there we will learn how to draw the fashion figure, choose our favorite design and create a pattern for a skirt, pair of pajama pants. At the end of the week we will plan and put on a fashion show for the parents with music and snacks. Students will be expected to bring a snack lunch and a drink. A trip to the fabric store will be necessary to purchase materials.

Cost: \$250.00

Running Rams Track and Field Camp

Local resident and Old Saybrook High School Track and Field Coach Pete Capezzone will again host a Track and Field Camp. The Camp will feature instruction in most of the track and field events from some of the area's best coaches, eight in all, at one of the finest venues in Connecticut Valley Regional HS in Deep River, CT. Each day will also include a fun activity, such as an ice cream sundae night, a pizza night and a free commemorative T-shirt and awards at the conclusion of Thursday's final session.

Who: Boys & Girls ages 6-15

Date: June 29-July 3

Time: 5p-8p

Location: Valley Regional High School

Cost \$125.00.

Camp description and registration forms are available on line at www.essexct.gov

Youth Summer Programs & Specialty Camps

Youth Golf Clinics

Learn the *FUN*damentals of golf along with golf etiquette. This hands-on program will cover the basics of the full swing, short game and putting, as well as rules, etiquette and strategy. Classes will be one hour in length. Each participant will receive a Hillside Links T-Shirt along with a complimentary 9 hole round of golf. Clubs will be provided by instructor.

Who: Boys & Girls ages 7-14

Meets: Tuesdays:

Date: 6/30, 7/7, 7/14, 7/21, 7/28, 8/4, . 8/11 Make Up Day.

Time: 4pm-5pm

Location: Hillside Golf Links.

Cost: \$100.00

Advanced Golf Clinics

For the student who has the basic knowledge of the golf swing, but is interested in going to the next level. Full swing and short game, along with course play. Each participant will receive a Hillside Links T-Shirt along with a complimentary 9 hole round of golf.

Who: Experience Golfers Ages 13 and up

Meets: Tuesdays

Dates: 6/30, 7/7, 7/14, 7/21, 7/28, 8/4. make up day 8/11.

Time: 6:30-7:30pm

Location: Hillside Golf Links.

Cost: \$100.00



Junior Tennis Clinic

Valley Regional Girls Varsity Tennis Coach Gary Ribchinsky will be teaching the fundamentals of tennis: ground-strokes, volley, serve, and game play.

Who: Juniors ages 6-12

Session 1 6/22-6/26

Session 2 6/29-7/3

Session 3 7/6-7/10

Session 4 7/13-7/17

Session 5 7/20-7/24

Session 6 7/27-7/31

Session 7 8/3-8/7

Session 8 8/10-8/14

Times: 9a-10a

Location: Valley Regional High School

Cost: \$60.00

Please indicate level of skill on registration form

Youth Tennis Clinic

Valley Regional Girls Varsity Tennis Coach Gary Ribchinsky will be teaching the fundamentals of tennis: ground-strokes, volley, serve, and game play.

Who: Youth ages 13-18

Session 1 6/22-6/26

Session 2 6/29-7/3

Session 3 7/6-7/10

Session 4 7/13-7/17

Session 5 7/20-7/24

Session 6 7/27-7/31

Session 7 8/3-8/7

Session 8 8/10-8/14

Times: 3p-4:30p

Location: Valley Regional High School

Cost: \$85.00

Please indicate level of skill on registration form.



Kayak Youth Camp (Ages 12-16)

The sea kayak is the perfect vehicle for exploring our local waters – lakes, the Ct River and the Sound. The Youth Kayak Camp will progress from beginner through intermediate paddle skills. These classes will be offered in three day blocks for 3.5 hours per day. Sea kayaks, paddles and all safety gear will be supplied. A list of appropriate clothing and personal gear (sun block, hat, sunglasses, water, etc.) will be supplied prior to the start of camp. This camp will cover basic strokes, bracing, boat handling, self and assisted rescues and navigational rules of the road. Skill strengthening games will be played and there will be plenty of time to get wet and cool off. We will encourage teamwork, respect for the environment and self-reliance. Students will have fun and learn new skills on the beautiful and historic waterfront that is our backyard. Our instructor, Gerry Polinsky of Sea Sherpa Kayak is an ACA certified, Level 4, Open Water instructor and a NOLS trained Outdoor Educator. He is trained in CPR and first aid. Our goal is to encourage young paddlers to lead the sport into the next generation.

There are two sessions to choose from:

Session 1: Sunday July 26th-Tuesday July 29th

Session 2: Wednesday July 30th-Friday August 1st.

Times: Both sessions will run from 12:30pm-4:00pm

Location: Main Street Park

Cost: \$160 per session



Mad Science Camp: Eureka! at Grove Street Park

Discover - Create - Invent! Each day campers will be given a series of challenges they must overcome using basic materials, simple machines, tips from world famous inventors and the most important thing of all – their minds. Because of the team-based approach to problem solving these challenges, this camp is never the same twice. Campers can attend 1 of two sessions.

Who: Boys & Girls ages 6-12

Dates: July 6—10

Session 1 Mon-Friday 9a-12n

Session II Mon.-Friday 1p-4p

Location: Grove Street Park

(In the case of severe weather camp will move indoors to the Town hall's auditorium)

Cost: \$120.00 per session

For a complete list of the daily themes visit our web page.

Adult Programs

Advanced Golf Clinics

For the student who has the basic knowledge of the golf swing, but is interested in going to the next level. Full swing and short game, along with course play. Each participant will receive a Hillside Links T-Shirt along with a complimentary 9 hole round of golf.

Who: Adults-Coed

Meets: Tuesdays

Dates: 6/30,7/7,7/14,7/21,7/28,8/4, make up day 8/11

Time: 6:30-7:30pm. .

Location: Hillside Golf Links.

Cost \$100.00

Adult Beginner Tennis Clinic

Valley Regional Girls Varsity Tennis Coach Gary Ribchinsky will be teaching the fundamentals of tennis: ground-strokes, volley, serve, and game play.

Who: Adults-Coed

Meets: Mondays or Wednesdays (Be sure to indicate day of the week on registration form)

Dates: Session: 6/22, 6/29, 7/6, 7/13,7/20, 7/27

Dates: Session 2

Times: 5:00pm-6:00pm

Location: Valley Regional High School

Cost is \$70.00

Adult Intermediate/Advanced Tennis Clinic

Join Valley Regional Girls Varsity Tennis Coach Gary Ribchinsky for instruction and fun not too competitive play!

Who: Adults-Coed

Meets: Mondays or Wednesdays Be sure to indicate day of the week on registration form

Dates: Session: 6/22-7/20,

Dates: Session 2: 7/27-8/26

Times: 6:00pm-7:00pm

Location: Valley Regional High School

Cost is \$70.00

Flag Football

Park and Recreation is still recruiting for participants in Adult Flag Football League.

If you would like more info contact the park and recreation department.

Adult Basketball Pick Up

Park and Recreation has designated evening time slots for Adult Basketball pick-up throughout the year. If you are interested in joining in the fun email us at recreation@essexct.gov

Sea Kayak Adult Camp (Beginners Ages 17-70)

The sea kayak is the perfect vehicle for exploring our local waters – flatwater lakes, the currents of the Ct River and the bumpy waters of the LI Sound. The Adult Kayak “Camp” will progress from beginner through intermediate paddle skills. These classes will be offered in three day blocks for 3.5 hours per day. There are two sessions to choose from: Sunday July 26th-Tuesday July 29th and Wednesday July 30th-Friday August 1st. Both sessions will run from 5:00 PM – 8:30 PM. Adult Camps will include basic and more advanced paddle skills, self and assisted rescues, bracing, and navigational rules of the road. An area tour will allow for opportunities to work on boat handling skills. Session material will be both technical and fun. Students will be supplied with a variety of sea kayaks, paddles, accessories and safety gear. A list of appropriate clothing and personal gear (sun block, hat, sunglasses, water, etc.) will be supplied prior to the start of camp. Our instructor, Gerry Polinsky of Sea Sherpa Kayak is an ACA certified, Level 4, Open Water instructor and a NOLS trained Outdoor Educator. He is trained in CPR and first aid. Our goal will be to prepare you to push your boundaries as a paddler in a safe, achievable and fun fashion.

Location: Main Street Park. Cost: \$160

Sea Kayak Adult 1/2 Day Session (Beginners Ages 17-70)

The adult session as are a quick start approach to Kayaking. We will cover basic strokes, boat handling, introduce intermediate strokes and do rescue demonstrations. Students will be supplied with a variety of sea kayaks, paddles, accessories and all safety gear. Our instructor Gerry Polinsky of sea Sherpa Kayak is a ACA certified, Level 4, Open Water instructor and NOLS trained Outdoor Educator. He is trained in CPR & first Aid.

Meets: Saturdays

Dates: July 17th or Aug. 29th

Time: 3:30p—7:30p

Location: Main Street Park

Cost: 75.00

Open Mic at the Centerbrook Meetinghouse

The Coffeehouse Open Mic is a monthly gathering of local acoustic musicians and fans. It is an opportunity for anyone interested in folk/bluegrass/Americana to listen, jam, and meet with other musicians and music fans. Open Mics will be the 3rd Friday of every month. The doors will open at 6:30pm and close whenever the energy is out. Coffee and light refreshments will be provided. Beginners and veterans welcome, and listeners add to the fun.! The cost is \$3.00 to enter. April 17—May21—June 19

Community Programs

Easter Egg Hunt:

The Annual Town of Essex Easter Egg Hunt will be on Saturday, April 4th. This event is held at Grove Street Park and is open to children from preschool to 2nd grade. With over 2000 fun filled eggs and an opportunity to meet the Easter Bunny, plan to arrive at least 15 minutes early as the hunt begins at **10am SHARP!**



Get Hooked On Fishing! C.A.R.E. classes introduce you to the wonders of water, fish and fishing. Certified Instructors will pass along the knowledge they have learned through years of angling. Videos, demonstrations and activities will teach and entertain youths and adults alike. Attendance for all three classes is required to receive the official diploma given out upon successful completion of the course. Rod and reel setups are available for \$13. Registration is required. Classes end with a Fishing Trip (Time and Date TBA)

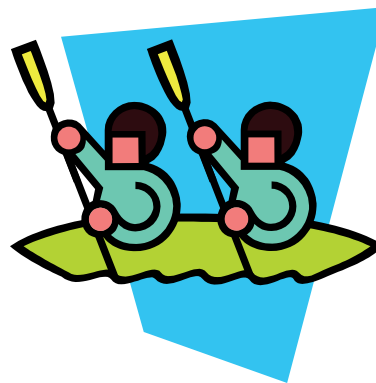
Who: Open to the Public

(participants must be at least 9 years of age under 12 must be accompanied by an adult)

Meets: April 28, 29, 30.

Time: 6:30p-8:30p

Cost: FREE



Sea Kayak Family Clinic (Beginners Ages 12-70)

Open to both parents, grandparents and youth h, these shorter sessions are a quick start approach to learning the basics of sea kayaking. Day session will take place primarily on and in the water. Skill strengthening games will build confidence while improving boat control. Our Instructor, Gerry Polinsky of Sea Sherpa Kayak is an ACA certified, Level 4, Open Water instructor and a NOLS trained Outdoor Educator. He is trained in CPR and first aid.

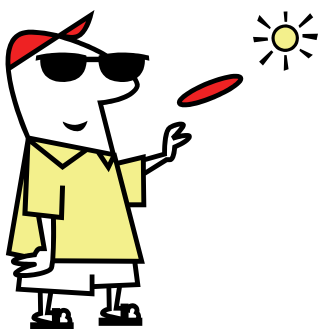
Meets: Saturdays

Dates: July 17th or Aug. 29th

Time: 10a-2:30p

Location: Main Street Park

Cost: \$75.00



Disc Golf Discovery Day

Come spend an afternoon on the links! The Essex Disc Golf Course that is! Disc Golf is a fun and challenging game for anyone ages 6 to 106. Using a disc (similar to a Frisbee), you try to throw into a target in the fewest amount of shots much like the game of golf. This is a free event but discs will be available for purchase as well.

Sunday April 26th 1-6pm Essex Elementary School Fields

Community Programs



Summer Concert Series 2009

Spend your Wednesday evenings with Essex Park and Recreation enjoying the sounds of jazz, blues, symphonies, swing, Celtic, classic rock, acoustic blues, and the other sounds that music can bring to a beautiful summer evening. Our park venue changes each week letting everyone enjoy our two Main Street Parks in Ivoryton and Essex



All concerts are free!

July 8 Long Island Sound
Essex Main Street

July 15 Small Town Concert

Ivoryton Green

July 22 Shiny Lapel Trio

Essex Main Street

July 29 Say What?

Ivoryton Green

Aug. 5 The Corby's

Essex Main Street

Aug. 12 Gopherbroke

Ivoryton Green

Aug. 19 Middletown Symphonic Band Essex Main Street



The 4th Annual Ivoryton Village Fourth of July Parade

The 4th annual Ivoryton Village Fourth of July Parade will take place on Saturday, July 4th, 2008 (rain date, July 5). Stepping off from the old piano factory at 10:00, the parade will wind its way through the streets of Ivoryton before ending at the Ivoryton Green, where there will be a patriotic ceremony. The Parade Committee extends an invitation to all residents of the town of Essex! Gather your family, neighbors, groups of any kind and decorate your bike, scooter, wagon, tractor, truck or antique car. Come march with us on the 4th of July! Call Susie Beckman for more information @ 767-9755



Looking Ahead...



Slamma Jamma Basketball Camp

The camp is built on individual instruction and fundamentals. The goal of the camps is to provide instruction that will help your child become a better basketball player. As the saying goes "Basketball players are made during the summer and perform in the winter." **Every camper gets a Slamma-Jamma T-shirt, Basketball, and Certificate.** Location Valley Regional High School. Time and Dates TBA. Join our email list to receive up to date info on this program.



Yoga In the Park

Coming this summer: **free yoga classes** at Main Street Park , courtesy of Sundri Massage Therapy. Classes will be held once a week. A certified instructor will lead the class, appropriate for all skill levels. Wear comfortable clothing, and bring your own mat if possible.

This program is for all ages and skill levels. Times and Dates TBA. Contact park and recreation to join the email list to get up to date information on this program.



Program Registration Form

Name: _____ M ____ F ____ Grade (Fall 09) _____

Date of Birth ____/____/____ Program Registering For: _____
Please include Session Information if applicable.

Parent/Guardian Name (If Applicable) _____

Phone Number _____ Cell Number _____

Address _____

Email (**PLEASE PRINT CLEARLY**) _____

Emergency Contact Name: _____

Emergency Contact Phone Number: _____

I hereby grant permission for myself/or _____ to participate in the Essex Park and Recreation sponsored activity. I agree to hold the Essex Park and Recreation Commission, and any person connected therewith, including the Town of Essex, harmless from any and all claims of bodily injury and property damage arising from the use of the facilities during the course of this Essex Park and Recreation sponsored activity.

I hereby verify that I or my child am /is in good physical health and am able to participate in and/or complete the program. I/We grant permission for my child/myself to receive emergency medical treatment, as necessary, while attending any function of any team of the Essex Park and Recreation sponsored activity. I also give permission for my child/myself to be photographed and for the pictures to be used in newspapers, marketing, and advertising materials in support of Park and Recreation.

Player Parent/Guardian Signature

Date

Persons Authorized to Pick Up My Child while participating in this Essex Park and Recreation Sponsored Program. (If Applicable)

Name _____

Address _____

Phone Number _____

Name _____

Address _____

Phone Number _____

Payment Enclosed: _____ **Check Number:** _____ **Date Received:** _____

Please make checks payable to Essex Park and Recreation and mail to:
Town of Essex Park and Recreation Department 29 West Avenue Essex, CT 06426
(860) 767-4340 x110 or 148

Email: recreation@essexct.gov

For a complete list of all our programs visit us on the web:

www.essexct.gov



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